

# Big Gulp

January 10, 2021

I Timothy 4:7-8; Romans 12:1-2

## **'Connecting' Questions:**

- 1) Have you made any New Year's resolutions for 2021? What has been your experience (positive or negative) with making New Year's resolutions in the past?

## **'Applying the Word' Questions:**

- 1) Here is a longer discussion exercise that you might consider doing together as a group: Read through Psalm 119 together (perhaps taking turns reading paragraphs).
  - a) Look for all the expressions of *desire* for God's Word. Discuss how that kind of desire for God's Word develops in our hearts.
  - b) Look for all the expressions of *practice* in regards to God's Word. What active steps does the Psalmist take in response to his desire for God's Word?
- 2) Read Romans 12:1-2 together as a group. Discuss how the Holy Spirit renews our minds through the Word of God. How does that practically happen in our lives? Share examples of how you have experienced that renewing of your mind.
- 3) Have you tried reading through the entire Bible before? How did you go about doing it? What were the challenges you faced in trying to read through the Bible?
- 4) Discuss the value of developing a habit of regular Bible-reading and using some kind of plan that helps you read through the entire Bible. How could you support each other in establishing this habit this year? (Consider reviewing together *Pastor Dan's List of Bible-Reading Plans* posted on the Calvary website as possible resources for establishing this habit.)
- 5) Discuss how the temptations of legalism and self-righteousness can creep into our attempts to develop the spiritual discipline of regular Bible-reading. How should we respond to those temptations? How can we ensure we have the right spirit and motives as we develop the habit of regular Bible-reading?